

# 2026 Bangor Ram Summer Track Club Schedule

All Practices At Cameron Stadium - Bangor

As of 6.15.26

Week:	Tuesday:	Wednesday:	Thursday:
<b>1</b>	<b><u>6/30/22</u></b> Ages 6-8: 9:00AM - 10:00AM Ages 9-15: 10:15AM- 11:15AM	<b><u>7/1/24</u></b> Ages 6-8: 9:00AM - 10:00AM Ages 9-15: 10:15AM- 11:15AM	<b><u>7/2/24</u></b> Meet #1 Old Town High School 2:00 PM Start
<b>2</b>	<b><u>7/7/24</u></b> Ages 6-8: 9:00AM - 10:00AM Ages 9-15: 10:15AM- 11:15AM	<b><u>7/8/24</u></b> Ages 6-8: 9:00AM - 10:00AM Ages 9-15: 10:15AM- 11:15AM	<b><u>7/9/22</u></b> Meet #2 Orono High School 2:00 PM Start
<b>3</b>	<b><u>7/14/24</u></b> Ages 6-8: 9:00AM - 10:00AM Ages 9-15: 10:15AM- 11:15AM	<b><u>7/15/24</u></b> Ages 6-8: 9:00AM - 10:00AM Ages 9-15: 10:15AM- 11:15AM	<b><u>7/16/22</u></b> Meet #3 Hampden Academy 2:00 PM Start
<b>4</b>	<b><u>7/21/24</u></b> Ages 6-8: 9:00AM - 10:00AM Ages 9-15: 10:15AM- 11:15AM	<b><u>7/22/24</u></b> Ages 6-8: 9:00AM - 10:00AM Ages 9-15: 10:15AM- 11:15AM	<b><u>7/23/24</u></b> Meet #4 Hermon High School 2:00 PM Start
<b>5</b>	<b><u>7/28/24</u></b> Ages 6-8: 9:00AM - 10:00AM Ages 9-15: 10:15AM- 11:15AM	<b><u>7/29/24</u></b> Ages 6-8: 9:00AM - 10:00AM Ages 9-15: 10:15AM- 11:15AM	<b><u>7/30/24</u></b> Group "D" Qualifier Brewer Community School 10:00 AM
<b>7</b> Top 4 from group "D" advance to State Meet	<b><u>8/4/24</u></b> Off	<b><u>8/5/24</u></b> Ages 6-8: 9:00AM - 10:00AM Ages 9-15: 10:15AM- 11:15AM	<b><u>8/6/24</u></b> 9:00 - 10:00 AM

**State Meet – Saturday, August 8  
Cony High School. – 9:00 AM Start**

- Coach Mosca Contact: – (E) [amosca@bangorschools.net](mailto:amosca@bangorschools.net)
- Please remember your **\$3 fee** for officials for all meets.
- Schedule is subject to change.

#RAMPRIDE 🐑