



CITY OF BANGOR
PARKS & RECREATION

WOMEN'S SOFTBALL DRAFT LEAGUE

Rules & Regulations

1. League Overview

- The league is recreational and inclusive, aimed at promoting sportsmanship, fun, and skill development.
 - A draft system is used to form balanced teams at the beginning of each season.
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2. Eligibility

- Open to all women aged 18 and older.
 - Players must register before the posted deadline to be eligible for the draft.
 - Players must sign a waiver and agree to the Code of Conduct.
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3. Draft Process

- Teams are drafted by designated captains or a committee.
 - Pre-draft player evaluations MAY be held (skills assessments, past season performance, etc.).
 - Returning captains may be allowed to protect one player (e.g., a co-captain).
 - Trades are not permitted after the draft is complete unless approved by the League Committee for fairness.
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4. Team Composition

- Team rosters will include 10–14 players.
 - Each team must have at least one pitcher and one catcher with prior experience (if available).
 - Teams are expected to carry a balance of skill levels to maintain competitive parity.
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5. Game Rules

- **Governing Body:** Unless otherwise specified, USA Softball (ASA) rules will apply.
- **Game Length:** 7 innings or 1 hour 15 minutes (whichever comes first).
- **Run Rule:** 12 after 3 innings, 10 after 4, 8 after 5.
- **Pitching Style:** Slow-pitch / Softball needs to be at least 6', no higher than 10'
 - **Slow Pitch:** One/One count
- **Batting Lineup:** Continuous batting order is required; everyone bats.
 - **No base stealing**
- **Minimum Players:** 8 players to start a game; automatic out for 9th spot if short.
- **Substitutions:** Free defensive substitutions; batting order must remain consistent.

6. Equipment

- Official 11” softball
- Bats must be USA Softball approved. Fast Pitch Bats (drop 10) are NOT allowed
- Pitchers are encouraged to wear protective face masks
- No metal spikes

7. Season Format

- Regular season consists of 6 games depending on number of teams.
- All teams advance to a double elimination playoffs.
- Tie-breaking criteria: head-to-head > run differential > runs allowed.

8. Player Conduct

- Good sportsmanship is mandatory. No arguing with umpires, taunting, or profanity.
- Ejections result in automatic suspension for the next game.
- Three conduct-related infractions in a season may result in expulsion from the league.

9. Rainouts & Cancellations

- Games canceled due to weather will be rescheduled if possible.
- League & captains will notify players at least 1 hour before game time.
- Unplayable field conditions will be determined by the field provider or umpires.

10. League Governance

- A League Committee will handle disputes, rule changes, and disciplinary matters.
- Suggestions for rule changes may be submitted in writing at the end of each season.
- All decisions by the committee are final.

11. Uniforms

- Each team captain is responsible for coordinating team shirts and ensuring that all players wear them for every game.
- Players should wear athletic pants or shorts; no metal cleats allowed.