

Duration (Min)	Event #	Event
10	Practice Ice	Practice Ice (included in the registration)
3	Warmup	Ice Dance/Showcase
2		1 Adult Pre Bronze Solo Dance Round 1-Dutch Waltz (2 patterns)
2		2 Aspire Showcase
4		3 Adult Showcase
2		1 Adult Pre Bronze Solo Dance Round 2-Cha Cha (2 patterns)
3	Warmup	Aspire 3/ Excel Preliminary Plus/ Showcase
4		4 Aspire 3
6		5 Excel Preliminary Plus
2		38 Adult Pre-Bronze Showcase (Lyrical)
3	Warmup	Aspire Team
4		6 SAM 1
4		6 SAM 2
4		6 MRC
4		6 Sawyer Arena
4		6 Mount Washington
5	Warmup	Interpretive
2		7 Snowplow Interpretive
4		8 Basic 1 Interpretive
5	Warmup	Adult Interpretive
6		9 Adult Interpretive
3	Warmup	Basic Skills Program with Music
2		10 Snowplow Sam Program with Music
2		11 Basic Skills 1 Program with Music
4		12 Basic Skills 2 Program with Music
2		13 Basic Skills 3 Program with Music
4		14 Basic Skills 4 Program with Music
2		15 Basic Skills 5 Program with Music
3	Warmup	Compulsory Challenge 1
6		16 Compulsory Challenge 1
6		17 Compulsory Challenge 1
4		18 Compulsory Challenge 1
6		19 Snowplow Sam Elements A
6		20 Basic 1 Elements Group A
4		21 Basic 1 Elements Group B
2		22 Basic 2 Elements
6		23 Basic 4 Elements
4		24 Basic 5 Elements
6		25 Adult 6 Compulsory Elements
2		26 Adult 1 Elements
2		27 Adult Compulsory Challenge Level 2

Duration (Min)	Event #	Event
6	28	Compulsory Challenge 2
6	29	Compulsory Challenge 3
3	Warmup	Aspire Group A
6	30	Aspire 1 Group A
4	31	Aspire 2 Group A
3	Warmup	Adult Program with Music
2	32	Adult 4 Program with Music
6	33	Adult 6 Program with Music
2	34	Adult High Beginner
2	35	Adult Pre-Bronze
3	Warmup	Aspire Group B
4	36	Aspire 1 Group B
6	37	Aspire 2 Group B
2	39	Adult Bronze Showcase
5	Warmup	Interpretive
10	40	Basic 4 Interpretive
5	Warmup	Basic 5 Interpretive
10	41	Basic 5 Interpretive
5	Warmup	Aspire/Preliminary Interpretive
6	42	Aspire Interpretive
4	43	Preliminary Interpretive
10	Awards	Awards for Events