



CITY OF BANGOR
PARKS & RECREATION

MENS 18+ SOFTBALL

DRAFT LEAGUE

Rules & Regulations

1. League Overview

- Recreational league offers a competitive, yet friendly environment for players of all skill levels to enjoy the game of slow-pitch softball.
- A draft system is used to form balanced teams at the beginning of each season.

2. Eligibility

- Open to all men 18+
- Players must register before the posted deadline to be eligible for the draft.
- Players must sign a waiver and agree to the Code of Conduct.

3. Registration & Draft Process

- Players register individually (*not as a team*)
- Team Captains draft rosters – done on Face Book Live
- Pre-draft player evaluations may be held (skills assessments, past season performance, etc.)
- Draft held mid to late April
- Trade deadline will be within 48 hours after the draft ends. All drafts must be approved by the team captains.
- Board of Directors determine player “Rank”
- Rankings done before draft, and possibly end of season for next season.

4. Team Composition

- Team rosters will include 10–11 players.
- Teams must consist of a minimum of 9 field players
- Teams are expected to carry a balance of skill levels to maintain competitive parity

5. Game Rules

- Governing Body: Bangor Parks and Recreation
- ASA Rules
- Double Headers each week (*10 game regular season plus double elimination playoffs*)
- Game Length: 7 innings or 1 hour (*whichever comes first*)
- Pitching Style: Slow-pitch / Softball needs to be at least 6', no higher than 12'
 - Slow Pitch: One/One count
- Batting Lineup: Continuous batting order is required; everyone bats. (*up to 11 batters*)
 - No base stealing
- Pinch Runners: Unlimited but cannot run twice in an inning.
- Game Balls: Game balls to be supplied by Bangor Parks and Recreation.
- Minimum Players: 9 players to start a game
- Extra Innings: will start with a runner on 2nd
- Substitutions: When a team needs a sub to field a full team, they **MUST** select someone of the same RANKING or lower ranking as their player that is missing.

- Sub Stats do not count for the sub – Meaning if Joe Shmo is subbing in for the “Red Sox” and he bats 4/4 with 4 home runs, those stats do not count for Joe Shmo since he is not playing for the team he was drafted by. Those stats will be called “Red Sox Sub”
- Stats: Year 1, stats will be kept by each team’s coach and submitted to the board of directors after each game. The Board will delegate someone to update stats online, including a league leaders board, undated standings, and other ways to keep players engaged.
- Pitching net is not MANDATORY

6. Equipment

- Official 12” ASA softballs provided
- Bats must be ASA certified (*cannot be USSSA and is not proved by BP&R*)

7. Season Format

- Regular season consists of 10 games + playoffs

8. Player Conduct

- Good sportsmanship is mandatory. No arguing with umpires, taunting, or profanity.
- Ejections result in automatic suspension for the next two games.
- Three conduct-related infractions in a season may result in expulsion from the league.

9. Rainouts & Cancellations

- Games canceled due to weather will be rescheduled if possible on a weeknight that is available.
- League & captains will notify players at least 2 hours before the game time.
 - Cancellations will be emailed to all participants by Bangor Parks & Recreation
 - Team captains will be notifying players
- Unplayable field conditions will be determined by the field provider or umpires.

10. League Governance

- A League Committee and Bangor Parks and Recreation will handle disputes, rule changes, and disciplinary matters.
- All decisions by the committee are final.

11. Uniforms

- Team Jerseys/Shirts will be provided (*with sponsor name on the back*)
- Players should wear athletic pants or shorts; no metal cleats allowed.