



KENDUSKEAG STREAM CANOE RACE

RULES & GUIDELINES

The race committee reminds each participant that you are a guest of the Town of Kenduskeag. Please respect the private property of its citizens, as well as any and all parking regulations along all race areas.

Unless otherwise noted or posted, you are asked not to park or camp on private property.



CITY OF BANGOR
PARKS & RECREATION

PORTAGES

SIX MILE FALLS - OPTIONAL Portage, take out of river **RIGHT**. Must re-enter just before bridge at Six Mile Falls.

FLOUR MILL - MANDATORY portage. Will be well marked and staffed. Take out on **LEFT**. Put in before I-95 bridge.

MAXFIELD DAM - MANDATORY portage. Must portage before Valley Avenue bridge from either left or right side of the stream. Must re-enter before Harlow Street Bridge.



RULES & GUIDELINES

- We will start 5 crafts per minute starting at **11:00AM**.
- No alcohol or drugs will be allowed in any craft.
- No animals will be allowed in any craft.
- A minimum age of 12 years with an adult in the craft.
- Minimum age of 16 years without an adult. (*Must have consent of parent/guardian if under 18 years*)
- Contestants in trouble will not be disqualified if they accept only enough help to get them and their boat ashore.
- No assistance on portages from people.
- Craft must be in the water at all flat-water checkpoints.
- Grab loops or six-foot ropes must be tied down or taped.
- Participants will be disqualified by race officials if they feel that canoeist are not making an effort to race.
- **Awards** will be presented immediately following the race at the Sea Dog Brewing Co. Top 3 in every class will receive an award plus an overall winner.
- Passing canoes have the right of way, both in the water and on portages.
- Coast Guard approved, over the shoulder, correctly sized lifejackets are to be worn at all times.
- Identify your craft number at check points and finish line.
- Numbered bibs are to be worn **OVER** lifejackets, on your chest, at the bow (Front) of the boat.
- Any disqualified racers will surrender their numbered bibs to safety personnel.
- **Kayakers and decked boaters must wear helmets.**
- All racers in open canoes will use single blade paddles only. Racers in kayaks and other decked boats may use either single or double blade paddles.
- Kayakers using kayaks with exterior rigging should make sure such rigging is secured or removed in order to prevent snagging on limbs, trees, or other debris in the stream.
- Participants should not secure paddles to wrist or hands.
- **Boat acronyms** – “K” = Kayak / “C” = Canoe
- Rescue personnel, sweep canoe, and BPR staff has the right to disqualify any boaters if a report of misuse of Rules & Regulations.
- Rescue teams recommend all race participants **wear appropriate clothing** due to the extreme cold water and air temperatures. Recommendations: wet or dry suit if you have one, or polypropylene fleece or wool clothing, which will help to keep you warm even if it becomes wet. The worst thing to wear is cotton clothing (i.e. Jeans, T-shirt, sweat shirt/pants). **Many cases of severe hypothermia occur each year when individuals are not properly dressed, resulting in the need for medical attention.**

CLASSIFICATIONS

OPEN CLASS - For race teams numbering **three** or more canoeists **or** for a craft that is not classified as a canoe or kayak (or cannot fit the requirements of any other class). This class is also for racers who wish to propel their watercraft with something other than a paddle. (i.e. oars, or setting pole)

EXPERIENCED CLASS - For paddlers with previous canoe racing experience who are comfortable racing at a competitive pace. These classes allow the use of “racing” canoes built from any material (wood strip, fiberglass, Kevlar, etc.) and may include REC type canoes as well. Now called Unlimited in ACA rules.

BEGINNER CLASS – No individual in the boat has ever placed first, second, or third in any organized race, in any class.

Canoes can include both Recreation and “Racing” canoes.

RECREATION CLASS - For casual paddlers who canoe for fun rather than competition. Ideal for families, friends, or mixed-skill teams. Recreation Class also includes ANY CRAFT sold for general recreational use. For example: ABS, polyethylene kayaks and canoes, as well as aluminum, or wood/canvas canoes are acceptable.

NOTE: Kevlar, fiberglass or wood strip canoes are **NOT** accepted



FINISH / TAKE OUT

SHUTTLE BUSSES - Shuttle buses will be available at the finish line takeout area to transport racers back to Kenduskeag village to pick up their vehicle. Shuttle bus will also stop at various locations to transport racers to start or finish line as needed.

WARMING TENT - A warming tent will be available for all racers to enjoy and warm up after they finish the race at the Sea Dog Brewing. Free coffee, hot chocolate & goodies will be available. Sponsored by **Darling's Ford VW Audi, Darling's Honda Nissan Volvo, and Darling's Kia dealerships, along with Darling's Insurance Agency.**



CHILI, CHOWDER & AWARDS LOCATION - Free chili and chowder will be available at the finish line/take out area for all racers. Sponsored by **Sea Dog Brewing Company**



PARKING OPTIONS

1. Park roadside in Kenduskeag Village, unload your craft. Begin racing at your start time. Return back to Kenduskeag Village on the **SHUTTLE BUS**, retrieve your vehicle, drive back to the finish area (Bangor) and retrieve your craft.
2. Drop off vehicle at Finish Area in Bangor. Have someone transport you and your craft to the start.

LOADING YOUR CRAFT – There will be designated **10 MINUTE** parking areas underneath the bridge next to the Sea Dog Brewing for all to use when **LOADING** their craft to a vehicle. No vehicle can be unattended at any time. There will be no pre-parking overnight in those designated parking areas.

LOST ITEMS - Race Organizers are not responsible for lost craft, equipment or clothing. It is suggested that participants put their names and phone numbers on boats, paddles and loose items for lost and found purposes. To claim lost items, call Bangor Parks & Recreation at 207-992-4490.

NOTE

SNACKS & SANDWICHES – The Kenduskeag Union Church is providing complementary food to racers at the beginning of the race. **DONATIONS WELCOMED!** Help raise money for the church.