ADULT SOFTBALL - 2025 GAMEPLAY RULES AND MODIFICATIONS

DISCLAIMER: ALL RULES HAVE BEEN DERIVED FROM THE 2025 USA SOFTBALL 2025 RULEBOOK – ANY QUESTIONS REGARDING GAME PLAY SHOULD BE RESOLVED BY REFERENCING THE AFOREMENTIONED RULE BOOK. THE FOLLOWING RULES ARE EXCEPTIONS AND ADAPTATIONS MADE BY BANGOR PARKS AND RECREATION TO ENSURE LOCAL LEVEL GAMES ARE OFFICIATED WITH THE INTENTION OF CONSTANT GAME PLAY, PARTICIPANT ENJOYMENT AND FAIR JUDGEMENT.

RULE BOOK LINK: **Official Rulebook - USA Softball**

LEAGUE GAMEPLAY RULES:

Counts & Base Running

- **1 - 1 Count**
- **The 20, 15 & 10 runs ahead rule: The game is over and won by the team that is leading by 10 runs or more at the end of 5 innings (4 ½ if the home team is ahead), is leading by 15 runs or more after 4 innings (3 ½ if the home team is ahead) or is leading by 20 runs or more after only 3 innings (2 ½ if the home team is ahead).**
- **No base stealing**
- **Home run limit - Ladder Rule 4 plus 1**

CO-ED SPECIFIC MODIFIED GAMEPLAY RULES:

Required Gender Amounts (Co-Ed) Per Team

- **9 person roster minimum (Must include the following:)**
- **6 Men & 3 Women**
- **7 Men maximum**

Player Position

- **Maximum 10 players playing defense**
- **Minimum of 3 women playing on the field**
- **6 positions in-field**
- **3 - 4 positions out-field**
- **Can modify positioning**
- **Female players will get the option to select which standard size softball they would like to use**

Batting

- **Batting order - If there are more than two men batting in a row - (that team will receive an out)**
  Lineup Example: (1)F (2)M (3)M (4)F (5)M (6)M (7)F (8)M (9)M
  (This rule has been implemented to ensure the equal and fair play of female members. This rule has been examined against other Co-Ed Softball League rules across the region and is found to be widely used amongst the Co-Ed Softball Community)
- **If the pitcher walks a man with a woman on deck, the guy that was walked advances to second automatically. If there are less than two outs, the woman MUST hit. If there are two outs, the woman that is due up gets the choice to hit or take first base**