

57th ANNUAL KENDUSKEAG STREAM CANOE RACE



Saturday, April 20, 2024

16.5 Miles



CITY OF BANGOR
PARKS & RECREATION
647 Main Street, Bangor

Register online @ www.bangorparksandrec.com or in office at 647 Main Street, Bangor

**Snacks available
buy donation
before the race.
Sponsored by
Kenduskeag
Union Church**

Early-Registration - 50.00pp
Feb 1st - April 1st

Registration - \$65.00pp
April 2nd - 11th

Late Registration - \$75.00pp
April 12nd - 20th

**Registration
April 19th
in P&R Office
ONLY**

**April 20th
@ Kenduskeag
Union Church
ONLY**

◆ **PACKET & BIB PICK UP OPTIONS** ◆

April 15th – 19th

8:00 am – 4:30 pm

@ Bangor Parks and Recreation
647 Main Street
Bangor, ME 04401

or

Day of Race (April 20)

8:15 am – 9:15 am

@ Kenduskeag Union Church
826 Kenduskeag, Levant Rd.

(PREFERRED METHOD)

Race begins at 10:00am



KENDUSKEAG STREAM CANOE RACE

RULES AND GUIDELINES

The race committee reminds each participant that you are a guest of the Town of Kenduskeag. Please respect the private property of its citizens, as well as any and all parking regulations along all race areas. Unless otherwise noted or posted, you are asked not to park or camp on private property.

➡ PORTAGES ⬅

SIX MILE FALLS

Optional Portage, take out of river **RIGHT**. Must re-enter just before bridge at Six Mile Falls.

FLOUR MILL

Mandatory portage. Will be well marked and staffed. Take out on **LEFT**. Put in before I-95 bridge.

MAXFIELD DAM

Mandatory portage. Must portage before Valley Avenue bridge from either left or right side of the stream. Must re-enter before Harlow Street Bridge.

RULES & GUIDELINES

- ★ We will start 5 crafts per minute starting at 10:00AM.
- ★ No alcohol or drugs will be allowed in any craft.
- ★ No animals will be allowed in any craft.
- ★ A minimum age of 12 years with an adult in the craft.
- ★ Minimum age of 16 years without an adult. (*Must have consent of parent / guardian if under 18 years*)
- ★ Contestants in trouble will not be disqualified if they accept only enough help to get them and their boat ashore.
- ★ No assistance on portages from people.
- ★ Craft must be in the water at all flat water checkpoints.
- ★ Grab loops or six-foot ropes must be tied down or taped.
- ★ Participants will be disqualified by race officials and/or sweep canoe if they feel that canoeist are not making an effort to race.
- ★ **Awards** will be presented immediately following the race at the Sea Dog Brewing Co. Top 3 in every class will be receiving an award plus an overall winner.
- ★ Passing canoes have the right of way both in the water and on portages.
- ★ Coast Guard approved, over the shoulder, correctly sized lifejackets are to be worn at all times.
- ★ Identify your craft number at check points and finish line.
- ★ Numbered bibs are to be worn **OVER** lifejackets, on your chest, at the bow of the boat. (Front)
- ★ Any disqualified racers will surrender their numbered bibs to safety personnel.
- ★ **Kayakers and decked boaters must wear helmets.**
- ★ All racers in open canoes will use single blade paddles only. Racers in kayaks and other decked boats may use either single or double blade paddles.
- ★ Kayakers using kayaks with exterior rigging should make sure such rigging is secured or removed in order to prevent snagging on limbs, trees, or other debris in the stream.
- ★ Participants should not secure paddles to wrist or hands.
- ★ Rescue teams recommend that all race participants **wear appropriate clothing** due to the extreme cold water and air temperatures. Recommendations: wet or dry suit if you have one, or polypropylene fleece or wool clothing which will help to keep you warm even if it becomes wet. The worst thing to wear is cotton clothing (i.e. Jeans, T-shirt, sweat shirt/pants). **Many people each year become severely hypothermic and require medical attention because they are not dressed properly.**



OTHER NOTES

✦ **Open Class:** For race teams numbering three or more canoeists or for a craft that is not classified as a canoe or kayak. This class is also for racers who wish to propel their watercraft with something other than a paddle. (i.e. oars, or setting pole)

✦ **Recreational Classes:** Includes ANY CRAFT sold for general recreational use. For example: ABS, polyethylene kayaks and canoes, as well as aluminum, or wood/canvas canoes are acceptable.

✦ **Beginner Class:** no one person in the boat has finished 1st, 2nd, or 3rd in any organized race in any class.

✦ Shuttle buses will be available at the finish line takeout to transport racers back to Kenduskeag village. Shuttle bus will also stop at various locations to transport racers to start or finish line as needed.

✦ Race Organizers are not responsible for lost craft or equipment.

✦ It is suggested that participants put their names on boats and loose items such as paddles for lost and found purposes. To claim lost items, call Parks & Recreation!

SNACKS Kenduskeag Union Church & Fire Department is providing breakfast for participants & spectators at the registration area.

Donations Welcome!

✦ **WARMING TENT** - A warming tent will be available for all racers to enter and warm up after they finish the race at the Sea Dog Brewing. Free coffee, hot chocolate & goodies will be available. Sponsored by *Darling's Agency.*



✦ **CHILI & CHOWDER** Free chili and chowder plus ONE draft beer or soda will be available at the finish line for all racers. ID's must be shown to receive the beer. Sponsored by...

Sea Dog Brewing Company



THANKS

The Kenduskeag Stream Canoe Race Committee and Bangor Parks and Recreation would like to thank

- Bangor Fire Department, Lincoln, North & Highlands Search and Rescue, 3 Rivers White Water Rafting, Wilderness Rescue & Cape Elizabeth WETeam for overseeing race safety.
- Pine State Amateur Radio Club for organizing communications and checkpoints during the race.
- Bangor Police Department & Bangor Public Works
- Penobscot County Sheriff's Department
- Town of Kenduskeag
- Kenduskeag Fire Department
- Kenduskeag Union Church
- Local Media Outlets
- Darling's Agency
- Sea Dog Brewing Company



HOW TO REGISTER

Fill out **official entry form** (found at the Bangor Parks and Recreation Department or online), have all members sign the back side, and mail / bring with payment for entire boat to:

Bangor Parks & Recreation

647 Main Street

Bangor, ME 04401

Phone: 207-992-4490

Fax: 207-947-1605

E-Mail: zach.napsey@bangormaine.gov

Or go to our website at...

www.BangorParksandRec.com

Register and pay on line. Fill out **official entry form**, print, have all members sign the back side, and mail, email or bring to Bangor Parks & Recreation!

Kenduskeag Stream Canoe Race Map



The Kenduskeag Stream Canoe Race Committee

Debbie Gendreau - P&R
Zach Napsey - P&R
Bangor Fire Department
Bangor Police Department
Bangor Public Works Dept.
Three Rivers White Water
Pine State Radio Club

North Search & Rescue
Lincoln Search & Rescue
Highlands Search & Rescue
Cape Elizabeth WETeam
Steve Jordan
Clayton Cole

Larry Merrill
J.R. Mabee
Brad Ryder
Gregg Dorr
Leslie Winchester
Jody & Brian Butilier