

56th ANNUAL KENDUSKEAG STREAM CANOE RACE



Saturday, April 15, 2023
16.5 Miles



**CITY OF BANGOR
PARKS & RECREATION**

Race begins at 10:00 AM



Early-Registration - \$45.00 pp
Until April 6 In Office or Online

Registration - \$60.00 pp
April 7-13 In Office or Online

Food To Go
Available to purchase
Sandwiches, Cookies, Coffee
at the starting line in
Kenduskeag. Benefits
Kenduskeag Union Church

Day Before Race / Race Day - \$75.00 pp
April 14 In Office Only / April 15 @ Kenduskeag Union Church
Cash or Check Only

➡ BIB & SHIRT PICK UP OPTIONS ⬅

April 10th – 14th
8:00 am – 4:30 pm
@ Bangor Parks and Recreation Department
647 Main Street
Bangor, ME 04401
(PREFERRED METHOD)

OR

Day of Race (April 15)
8:30 – 9:30 AM
@ Kenduskeag Union Church
826 Kenduskeag, Levant Road



Please review the RULES & GUIDELINES in this brochure

Have a fun and safe race. GOOD LUCK!

KENDUSKEAG STREAM CANOE RACE

RULES AND GUIDELINES

The race committee reminds each participant that you are a guest of the Town of Kenduskeag. Please respect the private property of its citizens, as well as any and all parking regulations along all race areas. Unless otherwise noted or posted, you are asked not to park or camp on private property.

PORTAGES ←

SIX MILE FALLS

Optional Portage, take out of river **RIGHT**. Must re-enter just before bridge at Six Mile Falls.

FLOUR MILL

Mandatory portage. Will be well marked and staffed. Take out on **LEFT**. Put in before I-95 bridge.

MAXFIELD DAM

Mandatory portage. Must portage before Valley Avenue bridge from either left or right side of the stream.

RULES & GUIDELINES

- ★ We will start 5 crafts per minute starting at 10:00AM.
- ★ No alcohol will be allowed in any craft.
- ★ No animals will be allowed in any craft.
- ★ A minimum age of 12 years with an adult in the craft.
- ★ Minimum age of 16 years without an adult.
(*Must have consent of parent / guardian if under 18 years*)
- ★ Contestants in trouble will not be disqualified if they accept only enough help to get them and their boat ashore.
- ★ No assistance on portages from people.
- ★ Craft must be in the water at all flat water check points.
- ★ Grab loops or six-foot ropes must be tied down or taped.
- ★ Participants will be disqualified by race officials and/or sweep canoe if they feel that canoeist are not making an effort to race.
- ★ **Awards** will be presented immediately following the race behind the Sea Dog Brewing Co. Top 3 in every class will be receiving an award plus an overall winner.
- ★ Passing canoes have the right of way both in the water and on portages.
- ★ Coast Guard approved, over the shoulder, correctly sized lifejackets are to be worn at all times.
- ★ Identify your craft number at check points and finish line.
- ★ Numbered bibs are to be worn **OVER** your life-jacket, on your chest, on the bow of the boat. (*Front*)
- ★ Any disqualified racers will surrender their numbered bibs to safety personnel.
- ★ **Kayakers and decked boaters must wear helmets.**
- ★ All racers in open canoes will use single blade paddles only. Racers in kayaks and other decked boats may use either single or double blade paddles.
- ★ Kayakers using kayaks with exterior rigging should make sure such rigging is secured or removed in order to prevent snagging on limbs, trees, or other debris in the stream.
- ★ Participants should not secure paddles to wrist or hands.
- ★ Rescue teams recommend that all race participants **wear appropriate clothing** due to the extreme cold water and air temperatures. Recommendations: wet or dry suit if you have one, or polypropylene fleece or wool clothing which will help to keep you warm even if it becomes wet. The worst thing to wear is cotton clothing (i.e. Jeans, T-shirt, sweat shirt/pants). **Many people each year become severely hy-pothermic and require medical attention because they are not dressed properly.**



OTHER NOTES

- ✦ **Open Class:** For race teams numbering three or more canoeists or for a craft that is not classified as a canoe or kayak. This class is also for racers who wish to propel their watercraft with something other than a paddle. (i.e. oars, or setting pole)
- ✦ **Recreational Classes:** Includes ANY CRAFT sold for general recreational use. For example: ABS, polyethylene kayaks and canoes, as well as aluminum, or wood/canvas canoes are acceptable.
- ✦ **Beginner Class:** no one person in the boat has finished 1st, 2nd, or 3rd in any organized race in any class.
- ✦ Shuttle buses will be available at the finish line takeout to transport racers back to Kenduskeag village. Shuttle bus will also stop at various locations to transport racers to start or finish line as needed.
- ✦ Race Organizers are not responsible for lost craft or equipment.
- ✦ It is suggested that participants put their names on boats and loose items such as paddles for lost and found purposes. To claim lost items, call Parks & Recreation!

FOOD TO GO at the START- **Available to purchase:**
Sandwiches, Cookies and Coffee
Proceeds benefit the Kenduskeag Union Church



- ✦ **CHILI & CHOWDER** Free chili and chowder **plus ONE draft beer or soda** will be available at the finish line for all racers at the Sea Dog Brewing Co.
Sponsored by...
Sea Dog Brewing Company



- ✦ **WARMING TENT** - A warming tent will be available for all racers to enter and warm up after they finish the race at the Sea Dog. Free coffee, hot chocolate & goodies will be available. Sponsored by **Darling's Agency**.

THANKS

*The Kenduskeag Stream Canoe Race
Committee and Bangor Parks and
Recreation would like to thank...*

- Bangor Fire Department, Dirigo, Lincoln & Highlands Search and Rescue teams, 3 Rivers White Water Rafting, Cape Elizabeth Water Extraction Team (WETeam), and Wilderness Rescue Team for overseeing race safety.
- Pine State Amateur Radio Club for organizing communications and checkpoints during the race.
- Bangor PD & Public Works
- Penobscot County Sheriff's Department
- Town of Kenduskeag
- Kenduskeag Fire Department
- Kenduskeag Union Church
- Local Racers
- Local Media Outlets
- Darling's Agency
- Sea Dog Brewing Company



HOW TO REGISTER

go to our website at...

www.BangorParksandRec.com

Register and pay on-line. Fill out **official entry form**, print, have all members sign the back side, and mail, email or bring to Bangor Parks & Recreation!

Bangor Parks & Recreation

647 Main Street

Bangor, ME 04401

Phone: 207-992-4490

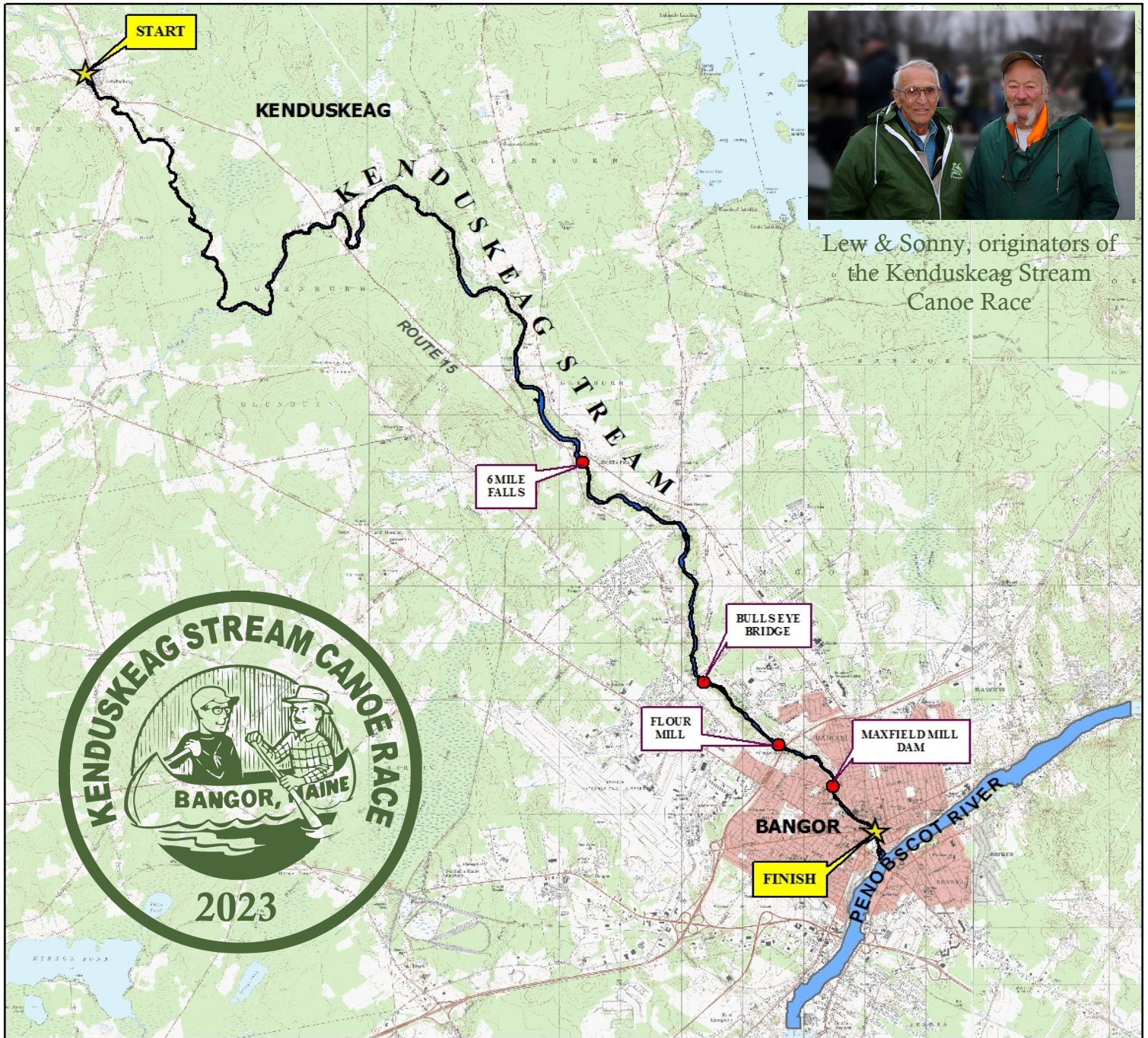
Fax: 207-947-1605

E-Mail: Zach.Napsey@bangormaine.gov

or...

Fill out **official entry form**
(found at the **Bangor Parks and Recreation Department or online**), have all members sign the back side, and mail / bring with payment for entire boat to:

KENDUSKEAG STREAM CANOE RACE MAP



The Kenduskeag Stream Canoe Race Committee

Debbie Gendreau
Tracy Willette
Bangor Fire Department
Bangor Police Department
Bangor Public Works
Three Rivers White Water
Pine State Radio

Dirigo Search & Rescue
Lincoln Search & Rescue
Highlands Search & Rescue
Cape Elizabeth WETeam
Three Rivers WW Rafting
Steve Jordan
Clayton Cole

Larry Merrill
J.R. Mabee
Brad Ryder
Gregg Dorr
Leslie Winchester
Jody & Brian Butilier