



**DATE:** Monday, September 5, 2022

**START TIME:** 9:00 AM

(Race starts and finishes at the Bangor Parks and Recreation Center, 647 Main Street)

**Entry Fee:** \$35.00 per participant if registered by September 2

Must be registered by Monday, August 15 to guarantee a performance hat!

\$45.00 per participant from September 3 - 5

Registration Options: Online at www.BangorParksandRec.com / Send in Registration / Come into office

Male and Female age Divisions: 19 and under, 20-29, 30-39, 40-49, 50-59, 60-69, 70 and over.

The **Robin Emery trophy** is awarded to the top female finisher, and the **Bob Hillgrove trophy** is awarded to the top male finisher. The **Ralph Thomas trophy** is awarded to the top male master finisher, and the **Leona Clapper trophy** is awarded to the top female master finisher. Top 3 places in each age category will receive a prize.

Race Day Check in: 7:45 am - 8:30 am

## Bangor Labor Day 5 Mile Road Race Entry Form

## If not registering online please send Registration form and payment to:

Labor Day Road Race, Bangor Parks and Recreation  $\,$  647 Main Street Bangor ME 04401  $\,$ 

(Make Checks Payable to City of Bangor)

Name		<i>Gender:</i> Male Female
Date of Birth '/		Age on day of Race
Address	City	Zip
Email Address		
Home Phone	Cell Phone	
ADULT-PARENT/GUARDIAN -PARTICIPANT RE	ELEASE WAIVER	

I give myself and/or my child(ren) permission to participate in the Bangor Labor Day 5 Mile Road Race and to be treated by emergency personnel if needed. I further state that I assume responsibility in the inherent risks and hereby release and agree to hold the Bangor Parks & Recreation Department and its representatives, employees, instructors or facilities blameless in the event of injury, without limitation, whether consisting of personal injury or property of any extent. I give permission for my photo or my child's photo and name to be used in promoting any Bangor Parks and Recreation Program.

Participant Signature (or parent or guardian if under 18)

Date