



CITY OF BANGOR PARKS & RECREATION



Limited Classes

Open Class

K1 - Any Length

C2 - Experience

C2 - Mix

K1 - Short

C2 - Short

C2 - Recreation

**\$35 per
person**



Race Date: Saturday, April 17

Registration Deadline: Thursday, April 8

Rules & Notes

- ◆ No alcohol will be allowed in any craft.
- ◆ No animals will be allowed in any craft.
- ◆ A minimum age of 12 years with an adult in the craft.
- ◆ Minimum age of 16 years without an adult. *(Must have consent of parent/guardian if under 18 years)*
- ◆ Contestants in trouble will not be disqualified if they accept only enough help to get them and their boat ashore.
- ◆ No assistance on portages from people, wheels, etc. Craft must be in the water at all flat water check points.
- ◆ Grab loops or six-foot ropes must be tied down or taped.
- ◆ Participants will be disqualified by race officials and/or sweep canoe if they feel that canoeists are not making an effort to race.
- ◆ Passing canoes have the right of way both in the water and on portages.
- ◆ Coast Guard approved, over the shoulder, correctly sized lifejackets are to be worn at all times.
- ◆ Identify your craft number at check points and finish line.
- ◆ Numbered vests are to be worn **OVER** lifejackets at the bow of the boat.
- ◆ Any disqualified racers will surrender their numbered bibs to safety personnel.
- ◆ **Kayakers and decked boaters must wear helmets.**
- ◆ All racers in open canoes will use single blade paddles only. Racers in kayaks and other decked boats may use either single or double blade paddles.
- ◆ Kayakers using kayaks with exterior rigging should make sure such rigging is secured or removed in order to prevent snagging on limbs, trees, or other debris in the stream.
- ◆ Participants should not secure paddles to wrist or hands.
- ◆ Rescue teams recommend that all race participants wear appropriate clothing due to the extreme cold water and air temperatures.
- ◆ Recommendations: wet or dry suit if you have one, or polypropylene fleece or wool clothing which will help to keep you warm even if it becomes wet. The worst thing to wear is cotton clothing (i.e. Jeans, T-shirt, sweat shirt/pants). **Many people each year become severely hypothermic and require medical attention because they are not dressed properly.**
- ◆ Awards Ceremony at 3:00 pm at take out area.

NEW RULES FOR 2021

- ◆ Must have face covering on until entering the stream.
- ◆ Staggered starting times based on class.
- ◆ Racers will pick up their bibs, sticker and goody bag at the Parks and Recreation Center, April 12-16 (8:00 am—4:30 pm)
- ◆ Paddlers may not enter waiting area until 20 minutes prior to their designated start time.
- ◆ 90 or fewer paddlers per 30 minutes.

PORTAGES

SIX MILE FALLS - Optional Portage, take out of river RIGHT. Must re-enter just before bridge at Six Mile Falls.

FLOUR MILL - Mandatory portage. Will be well marked and staffed. Take out on LEFT. Put in before I-95 bridge.

MAXFIELD DAM - Mandatory portage. Must portage before Valley Avenue bridge from either left or right side of the stream. Must re-enter before Harlow Street Bridge.

- ◆ **Open Class:** For race teams numbering three or more canoeists or for a craft that is not classified as a canoe or kayak. This class is also for racers who wish to propel their watercraft with something other than a paddle. (i.e. oars, or setting pole)
- ◆ **Recreational Class:** Includes ANY CRAFT sold for general recreational use. For example: ABS, polyethylene kayaks and canoes, as well as aluminum, or wood/canvas canoes are acceptable.